

But let it be the hidden man of the heart, in that which is not corruptible, even the ornament of a meek and quiet spirit, which is in the sight of God of great price. - 1 Peter 3:4

What is the "hidden man"?

The "hidden man" refers to the heart, not the things seen such as clothing, jewelry, etc. It is incorruptible because it is within you as opposed to the outward adorning of gold. Clothing and gold will decay, but the heart/soul are immortal and will never be destroyed.

What is the "ornament of a meek and quiet spirit"?

This ornament of a meek and quiet spirit is of great value to our God. Kindness, patience, gentleness, calmness in trouble, affectionate, and pure are all adjectives to describe a meek and quiet spirit. This is pleasing to God and for those who are married, their husbands as well.

Here are five more spiritual ornaments to adorn your heart and four broken ornaments to avoid:

1. Salvation



John 4:5-39 – The Woman at the Well

Her sin was exposed, she believed Jesus was the Messiah, and quickly wanted to witness to others.

2 Corinthians 7:10 and Acts 8: 36-37

Faith and repentance are requirements of salvation. Many times pride is a stumbling block.

2. A Passion for Christ



Luke 10: 38-42 - Marv

Mary sat at Jesus' feet and heard His Word. She chose the good part, which would not be taken away from her.



Luke 10:38-42 - Martha

Martha was too busy to sit and complained to Jesus that Mary wasn't helping her.

3. A Willingness to Sacrifice



Ruth 1:15-17 - Ruth

Ruth left her family and homeland to follow Naomi and God.



Genesis 19:17, 24-26 - Lot's wife

Lot's wife did not want to give up the sinful pleasures of Sodom and Gomorrah.

4. A Desire to Please God more than Men



Esther 7:1-6 - Esther

Esther wanted to please God by making a stand for God's people.



Mark 6:14-29 - Herodias' daughter

Herodias' daughter wanted to please her mother more than God.

5. Humility



1 Samuel 1:10-20 - Hannah

Hannah was broken and prayed humbly to God for a child. God granted her request.



Genesis 3:1-7 - Eve

Eve was prideful and wanted to be as God.