

# DISCIPLINE & INSTRUCTION FOR THE GLORY OF GOD

F.A.I.T.H. Family Weekend

October 13, 2012

Pastor James Keen

# LAYING A FOUNDATION

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**Ephesians 6:4** – *“Fathers, do not provoke your children to anger, but bring them up in the discipline and instruction of the Lord.”*

# CALLING ALL FATHERS

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**Ephesians 6:4** – “Fathers, do not provoke your children to anger, but bring them up...”

+ Who is charged?.... FATHERS!

+ **Proverbs 1:8** - “Hear, my son, your father’s instruction, and forsake not your mother’s teaching,”

# THE DANGER OF ANGER/THE POWER OF LOVE

Ephesians 6:4– “*Fathers, do not provoke your children to anger, but bring them up...”*

+ Proverbs 17:6 - “*Grandchildren are the crown of the aged, and the glory of children is their fathers.”*

**There is a purpose for this affection!**

**God gave us their heart that we might teach and train them for their good.**



# THE DANGER OF ANGER/THE POWER OF LOVE

- ❖ Bill Glass, counselor of incarcerated men for 25 years, said that not one of the thousands of prisoners he has met genuinely loved his dad.
- ❖ 90% of men on death row hated their fathers
  - + Dad, the Family Counselor by Dave Simmons
- ❖ Visit [www.fatherhood.org](http://www.fatherhood.org) for more compelling statistics on the importance of fatherhood

# THE DANGER OF ANGER/THE POWER OF LOVE

*When the bond of affection is broken, our ability to influence them for Christ is greatly hindered.*



- ❖ Visit [www.anchoredresources.org](http://www.anchoredresources.org) and listen to “Don’t Provoke to Anger” – Parts 1 & 2

# BRING THEM UP

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Ephesians 6:4 – “Fathers, do not provoke your children to anger, but bring them up...”

+ Bring them up – nurture to maturity

+ Genesis 2:24 - “Therefore a man shall leave his father and his mother and hold fast to his wife, and they shall become one flesh.”

***We raise adults, not children!***

+ Psalm 144:12 - “May our sons in their youth be like plants full grown, our daughters like corner pillars cut for the structure of a palace;”



# DISCIPLINE & INSTRUCTION: OUR ORGANIZING PRINCIPLE

*Ephesians 6:4*

Discipline



Training in  
Righteousness

Instruction



Teaching

Reproof

Correction

*2 Timothy 3:16*



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# INSTRUCTION: TEACHING BIBLICALLY

**Deuteronomy 6:6-9** – The blueprint for teaching

a) Teaching with a Plan

Teach them Diligently – teach by rote, impress, formally educate, inculcate, repeat.

*This is a picture of focused planning by the parent, coupled with formal teaching of the children*

**So what do we do?**

# BUILDING BLOCKS OF TEACHING





# INSTRUCTION: TEACHING BIBLICALLY

## Our vision for our home:

A Christian home – a family in which the true knowledge of Christ, His attitudes, attributes, presence, worship, and favor are the supreme goal.

## Our vision for our children:

1. Each of them be saved
2. Have a heart that is given to the Lord
3. Be equipped to serve God in whatever capacity He would have them.



# INSTRUCTION: TEACHING BIBLICALLY

## Our goals for our children (just a few)

- ❖ Polite/courteous to others; good manners
- ❖ Be able to lead family devotion
- ❖ Be good financial stewards – able to save for long-term goals
- ❖ Able to interact appropriately and respect the opposite sex
- ❖ Be discerning of sin vs. righteousness
- ❖ Be diligent workers
- ❖ Have self control of their tempers and words
- ❖ Be good stewards of their bodies (health, eating, exercise)
- ❖ Strong Bible study skills
- ❖ Well rounded age appropriate knowledge of Christian history
- ❖ Possess a biblical world view
- ❖ Self starters with an ability to learn independently
- ❖ Etc, etc, etc...

# INSTRUCTION: TEACHING BIBLICALLY

## Family Worship

- ❖ Teach in an understandable, memorable way (in accordance with attention span)
- ❖ Create an environment that encourages questions
- ❖ Use good and interesting materials (See supplement for suggestions)
- ❖ Relate truths to real life
- ❖ Be occasional (by season, situation, Spirit)
- ❖ Potential format: Song(s), Prayer, Lesson, Prayer

# INSTRUCTION: TEACHING BIBLICALLY

**Deuteronomy 6:6-9** – The blueprint for teaching

b) Teaching & Training in the Midst of Life

+ Live these truths before your children

*Your example will either add or subtract weight to  
your teaching*

+ Use the teachable moments of life to catch their  
attention

*Even our failures as parents are teachable moments!*

**SEIZE THE DAY!**



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# INSTRUCTION: REPROOF

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Reproof – to convict or convince an individual of their guilt before a Holy God

*This is necessary part of parenting because of the inherent sin nature of our children.*

# INSTRUCTION: REPROOF

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## Reproof: Essential to Heart Change

- ❖ **2 Corinthians 7:8-11** – Paul’s 2<sup>nd</sup> letter to Corinth.
- ❖ *We do a disservice to our children when reprove outside of the context of Scripture*
  - + *The Word is the Holy Spirit’s sword that touches the heart (Hebrews 4:12)*
  - + *They must know the reason to obey is to please God – otherwise we produce “Pharisees”*

# INSTRUCTION: REPROOF

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## Reproof: the Way of Life

- ❖ **Proverbs 15:5** – *“A fool despises his father’s instruction, but whoever heeds reproof is prudent.”*
- ❖ **Proverbs 27:6** – *“Faithful are the wounds of a friend; profuse are the kisses of an enemy.”*

*Reproof presented in the context of love will teach them the value of this proverb.*



# INSTRUCTION: REPROOF

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## Practical Wisdom for Biblical Reproof

### 1. Ask Questions that Appeal to their Conscience

- + Proverbs 18:13 – *“If one gives an answer before he hears, it is his folly and shame.”*
- + Genesis 4:6 – *“The Lord said to Cain, “Why are you angry, and why has your face fallen?”*

*Don't settle for, “I don't know”.*



# INSTRUCTION: REPROOF

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## 2. Define things Scripturally

- + **1 Corinthians 2:12-16** – Diagnose sin with the Word

*Many spiritual problems are misdiagnosed as physiological problems in our culture.*

*The culture cannot understand the root problem because they do not have the mind of Christ.*

## 3. Provide the Scriptural Perspective on their Sin

- + **Psalm 51:4** – “Against you, you only, have I sinned and done what is evil in your sight.”

# DISCIPLINE & INSTRUCTION: OUR ORGANIZING PRINCIPLE

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# INSTRUCTION: CORRECTING

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Correction – the loving means of standing someone back up after the rod of reproof has humbled them

*Scripturally... after reproof (conviction), we must confess, which leads to repentance.*



# INSTRUCTION: CORRECTING

## Correction: Step by Step

### 1. Confession

- **Psalm 32:1-5** – Confession is an essential part of receiving forgiveness

Confess – (*Hebrew*) to hold with an open hand; (*Greek*) to say the same thing as God about your sin

*If you set this up right with Biblical reproof, they should be able to recognize and honestly confess that their behavior was sin against God and perhaps others too.*



# INSTRUCTION: CORRECTING

## Correction: Step by Step

### 2. Repentance

- **2 Corinthians 7:10-11** – A change took place

#### a) **Seek Forgiveness from those offended**

- **Luke 15:21** - *“And the son said to him, ‘Father, I have sinned against heaven and before you. I am no longer worthy to be called your son.’”*

*Our children need to learn how to do this right. Don't just say, “I'm sorry”.*

*Honestly confess the sin and ask for forgiveness.*

# INSTRUCTION: CORRECTING

## Correction: Step by Step

### 2. Repentance (continued)

#### b) Restitution / Reconcile Relationships

- Luke 19:8-10 – With real repentance comes the desire to make right what is wronged

*The spirit of restitution leads to reconciliation*

# INSTRUCTION: CORRECTING

## Correction: Step by Step

### 2. Repentance (continued)

#### c) Putting Off Sin

##### i. Forsaking Sin

- Proverbs 28:13 – *“Whoever conceals his transgressions will not prosper, but he who confesses and forsakes them will obtain mercy.”*

*For some sins, it may be enough to recognize it is evil and just turn away.*



# INSTRUCTION: CORRECTING

## Correction: Step by Step

### c) Putting Off Sin (continued)

#### ii. Radical Amputation May Be Necessary

★ **Matthew 5:27-30** – The doctrine of radical amputation

*Knowing what to do will flow from looking for patterns in their sin.*

*Sin deeply imbedded in their character or habits will need more aggressive remedies*

#### iii. Accountability May Be Necessary

★ Proverbs 17:17 - “A friend loves at all times, and a brother is born for adversity.”

*Bearing another’s burdens may require ongoing accountability. Don’t be afraid of this.*

# INSTRUCTION: CORRECTING

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## Correction: Step by Step

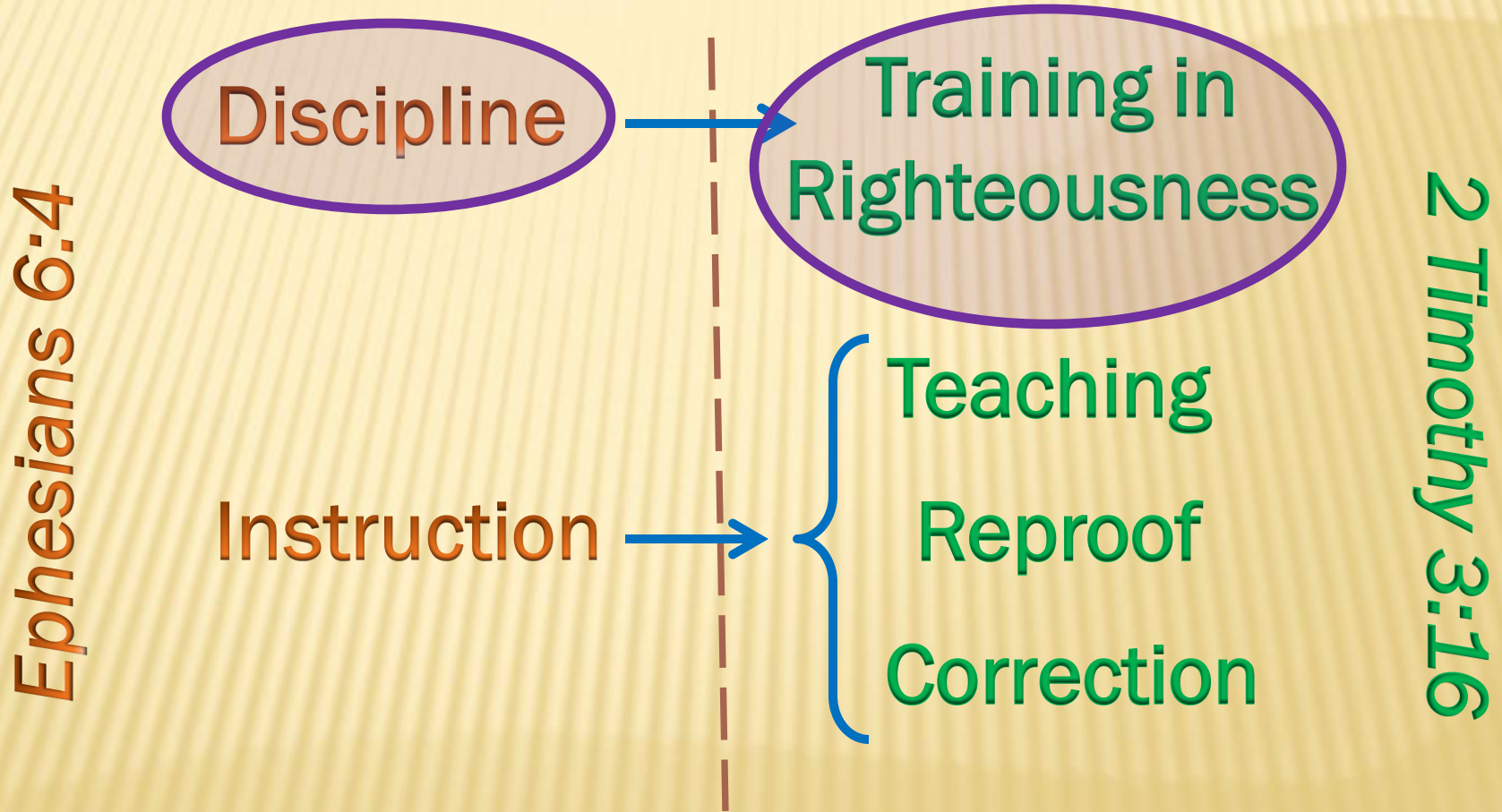
### 2. Repentance (continued)

#### d) Putting On Righteousness

- **Ephesians 4:22-28...** - The put off/put on principle

*God doesn't aim to leave us hollow by removing sin, but to fill us up by adding righteousness*

# DISCIPLINE & INSTRUCTION: OUR ORGANIZING PRINCIPLE





# DISCIPLINE/TRAINING

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**How do we define training?** “Teaching gives knowledge. Training gives skill. Teaching fills the mind. Training shapes the habits. Teaching brings to the child that which he did not have before. Training enables a child to make use of that which is already in his possession... A very young child can be trained to cry for what it wants, or to keep quiet, as means of securing it. And, as a matter of fact, the training of children is begun much earlier than their teaching.”

- H. Clay Trumbull's, *Hints on Child Training*. (Pioneer of the Sunday School Movement)

# DISCIPLINE/TRAINING

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*Training is the process of shaping character by careful repetition and the use of blessings and discipline.*

# DISCIPLINE/TRAINING

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## Training in Righteousness

- ❖ Righteousness – derived from a word meaning “straight”, that which is right, pure, and good
- ❖ **Psalm 58:3** - *“The wicked are estranged from the womb; they go astray from birth, speaking lies.”*

*They establish sinful habits very easily; righteous habits are more difficult to come by.*



# DISCIPLINE/TRAINING

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**Hebrews 5:12–14** – The writer of Hebrews chastens them for being behind on their spiritual development

1. **Training is progressive**

*We must establish habits that can be built upon.*

2. **Good training is work; bad training is easy**

*The greatest enemy of good training is laziness on the part of the trainer.*

3. **Your children cannot reach maturity without training**

*Good training makes normal or commonplace, what previously seemed impossible.*











# DISCIPLINE/TRAINING

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## The Core of Training

### 1. Show them how

**Matt 9:35-10:7** – Before Jesus sent out the 12, He showed them exactly what to do and how to do it

*To expect good performance without instruction and example is unreasonable and provokes anger*

### 2. Give progressive responsibility

**Exodus 23:27-31** – God promised to drive out inhabitants little by little as Israel increased

*Desire does not equal ability*

# DISCIPLINE/TRAINING

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## 3. Provide blessings for obedience

**Hebrews 12:2, 11:6** – Christ endured the cross for the joy set before Him; God rewards those who seek Him

**Matthew 7:11** – *“If you then, who are evil, know how to give good gifts to your children, how much more will your Father who is in heaven give good things to those who ask Him!”*

*The greatest blessing is God Himself – this is what we ultimately want for our children*

*Bless your children with yourself.*



★ x 301



## Rewards

iPad Game 7 ★

Wii Game 7 ★

Netflix 7 ★

Computer Game 7 ★

Board Game With Mom Or Dad 10 ★

\$1.00 25 ★

Bike Ride 30 ★

Pick Favorite Meal 30 ★

Help Make Favorite Food 30 ★



# DISCIPLINE/TRAINING

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## 4. Provide correction for disobedience

**Proverbs 23:14** – *“If you strike him with the rod, you will save his soul from Sheol.”*

*If you talk about consequences but do not deliver, what will they think of God’s consequences?*

**Proverbs 22:15** – *“Folly is bound up in the heart of a child, but the rod of discipline drives it far from him.”*

*Biblical correction (discipline) is a function of instruction or it is not biblical and becomes abuse.*

# DISCIPLINE/TRAINING

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## Frequently Asked Questions about Discipline

### 1. Do I really have to discipline my children?

Hebrews 12:5-8 – The Lord chastens every one of His children

**Answer:** Only if you love them

### 2. Won't discipline provoke my child to anger?

Proverbs 13:24 – *“Whoever spares the rod hates his son, but he who loves him is diligent to discipline him.”*

**Answer:** Not if you do it right. Discipline, when administered correctly, is an act of love.

# DISCIPLINE/TRAINING

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## 3. When do I start disciplining?

Hebrews 12:11 – Discipline is meant to be part of training that produces righteousness

**Answer:** Begin disciplining when it can be productive in training your child

*There must be a basis of communication. They must know what you are telling them to do and you must know that they are willfully disobeying you, otherwise it is abuse*

## 4. How do we discipline?

**Answer:** It varies by the age and disposition of the child and the nature of the offence



# DISCIPLINE/TRAINING

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- a) **Age** – We found spanking to work really well from toddler up to around 10 years old. As they mature, we begin to mix in the removal of privileges and eventually transition to that completely.

**Hebrews 5:12–14** - *“For though by this time you ought to be teachers, you need someone to teach you again the basic principles of the oracles of God. You need milk, not solid food, for everyone who lives on milk is unskilled in the word of righteousness, since he is a child. But solid food is for the mature, for those who have their powers of discernment trained by constant practice to distinguish good from evil.”*

# DISCIPLINE/TRAINING

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- b) Disposition - Some of our children are very sensitive to rebuke and discipline. Others require us to get their attention in a more abrupt manner. Although we try to be consistent in disciplining, the frequency and means may vary from child to child.

**Proverbs 17:10** – *“A rebuke goes deeper into a man of understanding than a hundred blows into a fool.”*

***General rule: it needs to hurt without damaging.***

# DISCIPLINE/TRAINING

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- c) Nature of Offence - We try to major on what God majors on and minor what He minors on. We also try to be consistent in how we discipline.





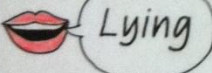





**Proverbs 6:16–19** - *“There are six things that the Lord hates, seven that are an abomination to him: haughty eyes, a lying tongue, and hands that shed innocent blood, a heart that devises wicked plans, feet that make haste to run to evil, a false witness who breathes out lies, and one who sows discord among brothers.”*

*Rebellion and lying are our two biggies because getting those under control are essential to everything else we try to do as parents.*



# THE "IF-THEN" CHART

"He who spares his rod hates his son, but he who loves him disciplines him promptly." Proverbs 13:24

 <p>Arguing, Complaining, Whining</p>	<p>"Do all things without murmurings and disputings." <i>Philippians 2:14</i></p>	<p>loss of privilege OR Toy</p>
 <p>Teasing, Picking fights, Causing trouble</p>	<p>"A fool's lips enter into contention, and his mouth calleth for strokes." <i>Proverbs 18:6</i></p>	<p>loss of privilege</p>
 <p>Hitting, Biting, Kicking, Throwing</p>	<p>"He that is slow to anger is better than the mighty; and he that ruleth his spirit than he that taketh a city." <i>Proverbs 16:32</i></p>	<p>4 swats, ask forgiveness</p>
 <p>Stealing toys, books, other items from someone else</p>	<p>"Let him that stole steal no more: but rather let him labor, working with his hands the thing which is good." <i>Ephesians 4:28</i></p>	<p>Restitution AND Ask forgiveness loss of toy</p>
 <p>Lying</p>	<p>"Lying lips are abomination to the Lord: but they that deal truly are His delight." <i>Proverbs 12:22</i></p>	<p>5 swats</p>
 <p>Defiance, Rebellion against authority</p>	<p>"The eye that mocketh at his father, and despiseth to obey his mother, the ravens of the valley shall pick it out, and the young eagles shall eat it." <i>Proverbs 30:17</i></p>	<p>5 swats</p>
 <p>Name calling, foolish or evil speech</p>	<p>"Put away from thee a froward mouth, and perverse lips put far from thee." <i>Proverbs 4:24</i></p>	<p>loss of privilege AND ask forgiveness</p>
 <p>Disobedience</p>	<p>"Children, obey your parents in the Lord: for this is right." <i>Ephesians 6:1</i></p>	<p>3 swats</p>
 <p>Disrespect, rude behavior, poor manners</p>	<p>"Yes, all of you be subject one to another, and be clothed with humility." <i>I Peter 5:5</i></p>	<p>loss of privilege OR loss of toy</p>
 <p>Irreverent behavior at church</p>	<p>"You shall keep My Sabbaths, and reverence my sanctuary: I am the Lord." <i>Leviticus 19:30</i></p>	<p>loss of privilege OR loss of toy</p>

# DISCIPLINE/TRAINING

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## An Example of the Discipline Process

1. Calm and collect yourself before administering discipline if you are angry.

James 1:20 – “For the anger of man does not produce the righteousness of God”

*Send them to their room, require them to sit in a chair, etc.... while you pray and collect yourself*

2. Identify the nature of the offence – get the facts and make a careful judgment

*Consult with your spouse (if possible) to agree upon what is going on*

*(From here on, the order can be modified to suit the situation and your preferences)*



# DISCIPLINE/TRAINING

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3. Discuss the offence with your child, making sure they understand what they did wrong and why it was wrong.  
*It is useful to use Scripture here (see the Convincing section)*
4. Determine the appropriate discipline  
*Consult with your spouse (if possible) to agree upon what is going on*
5. Administer the discipline (i.e. spanking) or advise them of what it will be (loss of privileges, etc....)  
*Note: It needs to hurt but not damage – otherwise you either make discipline a mockery or abuse*



# DISCIPLINE/TRAINING

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6. Reaffirm your love to your child
7. Discuss what they should have done in place of the sin they committed  
*Make sure they understand and are capable of doing it.*
8. Decide on whether restitution and reconciliation is necessary and coach them through the process
9. Pray with your child and for your child  
*It really is ideal to do this AFTER administering the discipline so that they aren't distracted.*