

HUSBAND'S LOG LIST:

How has Sin Crept into your Home?

Just as sin crept into Adam and Eve's relationship and caused division, it has undoubtedly worked in your home as well. Review the items below and color in the circle for each one you or your spouse considers to be a problem in your marriage. Be honest. We all have faults. Before we can be forgiven, we must be willing to confess our sin.

- I do not lead family devotions regularly
- I fail to realize why _____ is so important to her.
- I do not give enough assistance to her with _____.
- For too long have I taken her love too much for granted
- I have often been irritable with her about _____.
- I often expect her to drop housework and give me attention
- I become irritated when she is not ready to leave on time, but expect her to be patient when I am not ready on time.
- I have not been giving her enough candy, flowers, little gifts, or surprises.
- I have not been keeping my desk/office/closet/garage/yard/etc... neat and orderly.
- I fail to express myself clearly and fully. I just expect her to know or understand what I am thinking.
- I have been backward about showing any affection to my wife in public.
- My attention often wanders when she is talking to me.
- I spend too much time away from home and am not available to her or the children many nights out of the week. Sometimes days go by without any significant communication between us.
- I refuse to help her with the housework or dishes.
- Sometimes I have a tendency to ask too many questions about a matter, wanting to know details out of foolish curiosity.
- I sometimes initiate plans without her counsel.
- I neglect odd jobs around the house.
- I sometimes tease her too much when with others.
- I am untidy and leave clothes lying around the house.
- I have not been exercising leadership in many areas of our marriage relationship (give examples).
- I often grumble or complain about my job and/or work I have to do around the house (taking garbage out, changing diapers, or walking the dog).
- I haven't taken her shopping or other places often enough.
- I should make more efforts to get along with her parents.
- I bring my work home with me too much.
- I talk about my work at home too much, to the point that it interferes with our life.
- I should be more thankful for God's mercy and blessings before my wife .
- I give in to depression rather than fighting against it.
- I should be more sensitive to her problems, moods, and feelings. I have not been as sympathetic as I should.
- I seldom express appreciation or compliments to her.
- I spend too much money on _____.

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- I am too "tight" with money. In what ways?
- I don't try to find things for us to do together.
- I read the paper at mealtimes rather than interacting with her and the children.
- I don't kiss when I come or go.
- I show too much interest in other women.
- I accuse my wife of being frigid
- I drink too much.
- I gamble too much.
- I won't go to church with her.
- I make excuses or often simply refuse to do what she wants to do.
- I have bad manners.
- I nag her about her faults or mistakes.
- I act bored when I am at home.
- I am difficult to satisfy. In what areas?
- I get angry or leave the room or refuse to talk when a problem or disagreement arises.
- I am too ambitious. About what?
- I make excuses or blame others rather than accepting responsibility.
- I use profanity.
- I don't seek help when we have serious problems.
- I don't trust. Whom? About what?
- I become angry whenever she does not discipline the children as I want her to.
- I don't share my ideas and plans with her as much as I should.
- I watch TV, play on the computer, or otherwise entertain myself rather than talk to her or go someplace with her.
- I don't spend time playing with the children.
- I constantly criticize her family.
- I get angry or hurt when she is too tired to have sexual relations.
- I lose my temper and lash out when the children do not treat me with respect.
- I do not listen to her or the children without interrupting them.
- I do not allow her or the children to have their own opinions without badgering them. I feel threatened whenever they disagree with me and try to pressure them into accepting my point of view.
- I work too much and neglect my family and church.
- I don't discipline the children effectively or consistently.
- I am not teaching the children to live an orderly and godly life.
- I am too rigid and demanding.
- I hurt other people and don't ask for forgiveness.
- I spend money on myself, but I am stingy with my wife and family.
- I sometimes compare my wife and family unfavorably to other people.
- I take things too seriously and often make mountains out of molehills. Give examples.
- I have annoying habits and mannerisms. What are they?
- I do not take care of myself physically as I should.

HUSBAND'S LOG LIST:

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- I often neglect my wife's sexual needs and am mostly concerned about my own.
- I still depend too much on my parents. I listen to them more than to my wife.
- I am sometimes a coward and do not lovingly stand up for what I know to be right.

*Taken from, [A Homework Manual for Biblical Living](#), Volume 2, by Wayne A. Mack, and modified as appropriate for this conference.