

Warning: Shield Energy at Critical State

My brother was playing the Cars 2 video game and when it does a “survival mode” part, it warns you when your shield energy gets low. This reminded me of what happens when we ignore God.

Our “shield energy” is our walk with God. If our shield energy gets low, we have to go into survival mode. He gives us energy as we walk with him each step of the way. So what do we do if our “shield energy” is at a critical state?

Let me first explain what critical means. Critical from the 1828 Webster’s Dictionary says...” Decisive; noting a time or state on which the issue of things depends; important, as regards the consequences; as a critical time or moment.” Technically, this means that this is a big moment in our life if our walk with God is in a *bad* state. Our world today has many things that are pleasing to man. Some of these things are super-violent movies, music that does not honor God, and video games that express the want of killing another person. These things do not please God.

Let’s now talk about how we can improve our walk with God so that we might be able to avoid a critical state. One of the first steps in doing that is repenting of our sin to God and others if need be. This is a very big step in getting to the place

where we want to be in the Lord. Pray and ask God to forgive you for falling behind in your studies that you might have, praying to him when you need help, listening to the sermon on Sunday, etc. Now, we obviously aren’t perfect, but we should not put off *doing* these things when we *should!!!* You have probably heard the verse, “For we are *His* workmanship, created in Christ Jesus unto good works, which God has before ordained that we should *walk* in them.” (Ephesians 2:10) *This* is talking about *our* walk with God! God *wants* us to walk with him! He has ordained this so that we *could* trust and believe in Him.

I have one more verse to talk about. Romans 6:4 says, “Therefore we are buried with him by baptism into death: that like as Christ was raised up from the dead by the glory of the Father, even so must we also walk in newness of life.” This is another important verse talking about our walk with God. It means that as members of a church, we were buried with him into death, which means that when we were lost, we were dead. But, as Christ was raised from the dead (this is the second we were saved) *by the glory of the father*, even so we must walk in the newness of life. Remember, do not get your shield energy in a critical state!

In this issue:

Warning: Shield Energy at Critical State	1
Rice Krispie Kisses	2
Shield Energy Test	2
Book of Love	2

Special points of interest:

- A lesson on making sure your walk with God is pointing other people towards Him.
- A fun and easy treat that lets you shape with your hands.
- A quiz on keeping our shield energy in shape.
- A cute coupon book for your mom or dad or both!

Rice Krispie Kisses

Ingredients

- 1/4 cup butter
- 1 package (10 ounces) marshmallows, mini or regular size (4 cups total)
- 5 cups Rice Krispies cereal (regular or chocolate flavor)
- a funnel
- large bowl
- spoon

Directions



Microwave margarine and marshmallows on high for 1 minute in microwave-safe, very large mixing bowl. Stir to combine. (You can spray the bowl with cooking spray or grease with oil beforehand so the marshmallow stuff won't stick.) Microwave at high 1 minute longer. Stir until smooth. Add cereal. Stir until well coated. Spray or grease a funnel with oil, cooking spray or shortening. Spray two baggies and place on your hands, oiled side out. This will keep your hands from getting yucky. Press rice krispie mixture into the funnel (use waxed paper instead of your hand to press), and then place molded rice krispie kiss on waxed paper. You may need to shape them a little more to make them look like kisses. Repeat until you have used all of your rice krispie mixture. Note: You can use any sized funnel. Different sizes might look pretty neat! ~From www.FabMom.com

G.M.M. Trying to reach out to people in our daily life

On the web at www.anchoredresources.org/wp/articles/girls-mini-ministries/

Shield Energy Test Drive:

1. Your friend gets to be on the cheer-leading team and you don't even make the finals! Do you...

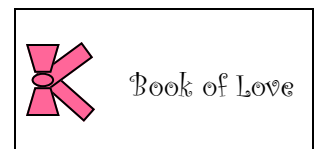
- A. Pout and whine.
- B. Tell your friend that she did a good job.
- C. Try to hurt your friend so that she misses the big game.

2. You stop reading your Bible reading plan schedule for your Bible. Do you...

- A. Repent and ask God to help you read your Bible consistently.
- B. Try harder.
- C. Give up.

Book of Love

- Red, pink, and white construction paper
- Hole punch
- Ribbon or String
- Scissors
- Pen
- Ruler



Cut about six rectangles that measure 3 in. by 5 in. with the construction paper. Stack them on top of each other and punch two holes. Since this is a coupon book, write, "This coupon is good for..." on each of the pages. Next, cut a 3 in. By 5 in. Rectangle and write "Book of Love" in big fancy letters. Hole punch that the same way you did the others. Cut a piece of ribbon from the spool about 6 in. long. Take both ends of the ribbon through the holes. Tie a bow and present on Valentine's Day!

Scores: 1. A = 2 points, B = 5 points, C = 0 points. 2. A = 5 points, B = 2 points, C = 0 points.